

# Choice Plus plan details, all in one place.

Use this benefit summary to learn more about this plan’s benefits, ways you can get help managing costs and how you may get more out of this health plan.

Check out what’s included in the plan	Choice Plus
 <p><b>Network coverage only</b> You can usually save money when you receive care for covered health care services from network providers.</p>	<input type="checkbox"/>
 <p><b>Network and out-of-network benefits</b> You may receive care and services from network and out-of-network providers and facilities – but staying in the network can help lower your costs.</p>	<input checked="" type="checkbox"/>
 <p><b>Primary care physician (PCP) required</b> With this plan, you need to select a PCP – the doctor who plays a key role in helping manage your care. Each enrolled person on your plan will need to choose a PCP.</p>	<input type="checkbox"/>
 <p><b>Referrals required</b> You’ll need referrals from your PCP before seeing a specialist or getting certain health care services.</p>	<input type="checkbox"/>
 <p><b>Preventive care covered at 100%</b> There is no additional cost to you for seeing a network provider for preventive care.</p>	<input checked="" type="checkbox"/>
 <p><b>Pharmacy benefits</b> With this plan, you have coverage that helps pay for prescription drugs and medications.</p>	<input checked="" type="checkbox"/>
 <p><b>Tier 1 providers</b> Using Tier 1 providers may bring you the greatest value from your health care benefits. These PCPs and medical specialists meet national standard benchmarks for quality care and cost savings.</p>	<input checked="" type="checkbox"/>
 <p><b>Freestanding centers</b> You may pay less when you use certain freestanding centers – health care facilities that do not bill for services as part of a hospital, such as MRI or surgery centers.</p>	<input type="checkbox"/>
 <p><b>Health savings account (HSA)</b> With an HSA, you’ve got a personal bank account that lets you put money aside, tax-free. Use it to save and pay for qualified medical expenses.</p>	<input checked="" type="checkbox"/>

This Benefit Summary is to highlight your Benefits. Don’t use this document to understand your exact coverage. If this Benefit Summary conflicts with the Certificate of Coverage (COC), Schedule of Benefits, Riders, and/or Amendments, those documents govern. Review your COC for an exact description of the services and supplies that are and are not covered, those which are excluded or limited, and other terms and conditions of coverage.

# Here's a more in-depth look at how Choice Plus works.

## Medical Benefits

	In Network	Out-of-Network
<b>Annual Medical Deductible</b>		
Individual	\$5,000	\$10,000
Family	\$10,000	\$20,000

All individual deductible amounts will count toward the family deductible, but an individual will not have to pay more than the individual deductible amount.

\*After the Annual Medical Deductible has been met.

You're responsible for paying 100% of your medical expenses until you reach your deductible. For certain covered services, you may be required to pay a fixed dollar amount - your copay.

	In Network	Out-of-Network
<b>Annual Out-of-Pocket Limit</b>		
Individual	\$6,750	\$20,000
Family	\$13,500	\$40,000

All individual out-of-pocket maximum amounts will count toward the family out-of-pocket maximum, but an individual will not have to pay more than the individual out-of-pocket maximum amount.

Once you've met your deductible, you start sharing costs with your plan - coinsurance. You continue paying a portion of the expense until you reach your out-of-pocket limit. From there, your plan pays 100% of allowed amounts for the rest of the plan year.

The Federal individual Out-of-Pocket Limit applies to each individual regardless of whether the individual is enrolled in single coverage or family coverage.

## What You Pay for Services

<b>Copays (\$) and Coinsurance (%) for Covered Health Care Services</b>	Designated Network	Network	Out-of-Network
<b>Preventive Care Services</b>			
Preventive Care Services		No copay	50%*
<p>Certain preventive care services are provided as specified by the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services are based on your age, gender and other health factors. UnitedHealthcare also covers other routine services that may require a copay, co-insurance or deductible.</p> <p>Includes services such as Routine Wellness Checkups, Immunizations, Breast Pumps, Mammography and Colorectal Cancer Screenings.</p>			
<b>Office Services - Sickness &amp; Injury</b>			
Primary Care Physician	20%*	40%*	50%*
<p>Additional copays, deductible, or co-insurance may apply when you receive other services at your physician's office. For example, surgery and lab work.</p> <p>Telehealth is covered at the same cost share as in the office.</p>			
Specialist	20%*	40%*	50%*
<p>Additional copays, deductible, or co-insurance may apply when you receive other services at your physician's office. For example, surgery and lab work.</p> <p>Telehealth is covered at the same cost share as in the office.</p>			

\*After the Annual Medical Deductible has been met.

\*Prior Authorization Required. Refer to COC/SBN.

## What You Pay for Services

### Copays (\$) and Coinsurance (%) for Covered Health Care Services

	Designated Network	Network	Out-of-Network
Urgent Care Center Services		20%*	50%*
Virtual Care Services		No copay	50%*
<i>Network Benefits are available only when services are delivered through a Designated Virtual Network Provider for 24/7 Virtual Visit services only. You can find a 24/7 Virtual Visit Provider by contacting us at myuhc.com® or the telephone number on your ID card. Access to 24/7 Virtual Visits and prescription services may not be available in all states or for all groups.</i>			
<b>Emergency Care</b>			
Ambulance Services - Emergency Ambulance			
Air Ambulance		20%*	20%*
Ground Ambulance		20%*	20%*
Ambulance Services - Non-Emergency Ambulance <sup>1</sup>			
Air Ambulance		20%*	20%*
Ground Ambulance		20%*	50%*
Dental Services - Accident Only			
		20%*	20%*
Emergency Health Care Services <sup>1</sup>			
		20%*	20%*
<b>Inpatient Care</b>			
Congenital Heart Disease (CHD) Surgeries <sup>1</sup>			
		20%*	50%*
Habilitative Services - Inpatient <sup>1</sup>			
The amount you pay is based on where the covered health care service is provided.			
<i>Limit will be the same as, and combined with, those stated under Skilled Nursing Facility/Inpatient Rehabilitation Services.</i>			
Hospital - Inpatient Stay <sup>1</sup>			
		20%*	50%*
Skilled Nursing Facility/Inpatient Rehabilitation Facility Services <sup>1</sup>			
		20%*	50%*
<i>Limited to 60 days per year.</i>			

\*After the Annual Medical Deductible has been met.

<sup>1</sup>Prior Authorization Required. Refer to COC/SBN.

## What You Pay for Services

Copays (\$) and Coinsurance (%) for Covered Health Care Services	Designated Network	Network	Out-of-Network
<b>Outpatient Care</b>			
Habilitative Services - Outpatient		40%*	50%*
<i>Limited to 20 visits of occupational therapy related to Autism Spectrum Disorder per year.</i>			
<i>Limited to 20 visits of physical therapy related to Autism Spectrum Disorder per year.</i>			
<i>Limited to 20 visits of speech therapy related to Autism Spectrum Disorder per year.</i>			
<i>Limited to 20 hours per week of clinical therapeutic intervention for Covered Persons with a medical diagnosis of Autism Spectrum Disorders.</i>			
<i>Limits will be the same as, and combined with, those stated under Rehabilitation Services - Outpatient Therapy and Manipulative Treatment.</i>			
Home Health Care <sup>1</sup>		20%*	50%*
<i>Limited to 60 visits per year.</i>			
<i>One visit equals up to four hours of skilled care services. This visit limit does not include any service which is billed only for the administration of intravenous infusion.</i>			
Lab, X-Ray and Diagnostic - Outpatient - Lab Testing <sup>1</sup>		20%*	50%*
Lab, X-Ray and Diagnostic - Outpatient - X-Ray and other Diagnostic Testing <sup>1</sup>		20%*	50%*
Major Diagnostic and Imaging - Outpatient <sup>1</sup>		20%*	50%*
<i>You may have to pay an extra copay, deductible or coinsurance for physician fees or pharmaceutical products.</i>			
Physician Fees for Surgical and Medical Services			
Primary care visits	20%*	40%*	50%*
Specialist care visits	20%*	40%*	50%*
Rehabilitation Services - Outpatient Therapy and Manipulative Treatment		40%*	50%*
<i>Limited to 20 visits of cognitive rehabilitation therapy per year.</i>			
<i>Limited to 20 visits of manipulative treatments per year.</i>			
<i>Limited to 20 visits of occupational therapy per year.</i>			
<i>Limited to 20 visits of physical therapy per year.</i>			
<i>Limited to 20 visits of pulmonary rehabilitation therapy per year.</i>			
<i>Limited to 20 visits of speech therapy per year.</i>			
<i>Limited to 30 visits of post-cochlear implant aural therapy per year.</i>			
<i>Limited to 36 visits of cardiac rehabilitation therapy per year.</i>			

\*After the Annual Medical Deductible has been met.

<sup>1</sup>Prior Authorization Required. Refer to COC/SBN.

## What You Pay for Services

### Copays (\$) and Coinsurance (%) for Covered Health Care Services

	Designated Network	Network	Out-of-Network
Scopic Procedures - Outpatient Diagnostic and Therapeutic  <i>Diagnostic/therapeutic scopic procedures include, but are not limited to colonoscopy, sigmoidoscopy and endoscopy.</i>		20%*	50%*
Surgery - Outpatient <sup>1</sup>		20%*	50%*
Therapeutic Treatments - Outpatient <sup>1</sup>  <i>Therapeutic treatments include, but are not limited to dialysis, intravenous chemotherapy, intravenous infusion, medical education services and radiation oncology.</i>		20%*	50%*
<b>Supplies and Services</b>			
Diabetes Self-Management Items <sup>1</sup>	The amount you pay is based on where the covered health care service is provided under Durable Medical Equipment (DME), Orthotics and Supplies or in the Prescription Drug Benefits Section.		
Diabetes Self-Management and Training/Diabetic Eye Exams/Foot Care <sup>1</sup>	The amount you pay is based on where the covered health care service is provided.		
Durable Medical Equipment (DME), Orthotics and Supplies <sup>1</sup>  <i>Limited to a single purchase of a type of DME or orthotic every 3 years.</i>  <i>Repair and/or replacement of DME or orthotics would apply to this limit in the same manner as a purchase. This limit does not apply to wound vacuums.</i>	20%*		50%*
Enteral Nutrition		20%*	50%*
Hearing Aids  <i>Limited to \$2,500 per year.</i>  <i>Limited to a single purchase per hearing impaired ear every 3 years.</i>  <i>Repair and/or replacement of a hearing aid would apply to this limit in the same manner as a purchase.</i>		20%*	50%*
Ostomy Supplies		20%*	50%*
Pharmaceutical Products - Outpatient  <i>This includes medications given at a doctor's office, or in a covered person's home.</i>		20%*	50%*
Prosthetic Devices <sup>1</sup>  <i>Limited to a single purchase of each type of prosthetic device every 3 years.</i>  <i>Repair and/or replacement of a prosthetic device would apply to this limit in the same manner as a purchase.</i>		20%*	50%*
Urinary Catheters		20%*	50%*
<b>Pregnancy</b>			
Pregnancy - Maternity Services <sup>1</sup>	The amount you pay is based on where the covered health care service is provided except that an Annual Deductible will not apply for a newborn child whose length of stay in the Hospital is the same as the mother's length of stay.		

\*After the Annual Medical Deductible has been met.

<sup>1</sup>Prior Authorization Required. Refer to COC/SBN.

## What You Pay for Services

Copays (\$) and Coinsurance (%) for Covered Health Care Services	Designated Network	Network	Out-of-Network
<b>Mental Health Care &amp; Substance Related and Addictive Disorder Services</b>			
Inpatient <sup>1</sup>		20%*	50%*
Intensive Behavioral Therapy (e.g. ABA) <sup>1</sup>		20%*	50%*
Other Outpatient Services, including Partial Hospitalization/Day Treatment/High Intensity Outpatient/Intensive Outpatient Treatment <sup>1</sup>		20%*	50%*
Outpatient Office Visits		20%*	50%*
<b>Other Services</b>			
Cellular and Gene Therapy <sup>1</sup>	The amount you pay is based on where the covered health care service is provided.		
<i>For Network Benefits, Cellular or Gene Therapy services must be received from a Designated Provider.</i>			
Clinical Trials <sup>1</sup>	The amount you pay is based on where the covered health care service is provided.		
Fertility Preservation for Iatrogenic Infertility <sup>1</sup>		20%*	50%*
<i>Limited to \$20,000 per Covered Person per lifetime.</i>			
<i>Limited to \$5,000 for Prescription Drug Products per Covered Person.</i>			
<i>Limited to 1 cycle of fertility preservation for Iatrogenic Infertility per lifetime.</i>			
<i>This Benefit limit will be the same as, and combined with, those stated under Preimplantation Genetic Testing (PGT) and Related Services.</i>			
Gender Dysphoria <sup>1</sup>	The amount you pay is based on where the covered health care service is provided or in the Prescription Drug Benefits Section.		
<i>Limits for voice modification therapy and/or voice lessons will be the same as, and combined with, outpatient speech therapy limits as described under Habilitative Services and Rehabilitation Services Outpatient Therapy and Manipulative Treatment.</i>			
Hospice Care <sup>1</sup>		20%*	50%*
Preimplantation Genetic Testing (PGT) and Related Services <sup>1</sup>		20%*	50%*
<i>Benefit limits for related services will be the same as, and combined with, those stated under Fertility Preservation for Iatrogenic Infertility. This limit does not include Preimplantation Genetic Testing (PGT) for the specific genetic disorder. This limit includes Benefits for ovarian stimulation medications provided under the Outpatient Prescription Drug Rider.</i>			
Reconstructive Procedures <sup>1</sup>	The amount you pay is based on where the covered health care service is provided.		
Transplantation Services <sup>1</sup>	The amount you pay is based on where the covered health care service is provided.		
<i>Network Benefits must be received from a Designated Provider.</i>			

\*After the Annual Medical Deductible has been met.

<sup>1</sup>Prior Authorization Required. Refer to COC/SBN.

# Pharmacy Benefits

Pharmacy Plan Details	
Pharmacy Network	National
Prescription Drug List	Essential

## In Network

Annual Pharmacy Deductible	
Individual	See the Annual Medical Deductible section
Family	See the Annual Medical Deductible section

Annual Deductible - Network and Out-of-Network

The Pharmacy Deductible is the amount you pay for pharmacy expenses per year before you begin to receive Pharmacy Benefits.

Prescription Drug Product Tier Level	Up to a 31-day supply		Up to a 90-day supply
	Retail and Specialty Pharmacy Network	Out-of-Network Retail Pharmacy	In-Network Mail Order Pharmacy**
<b>Tier 1</b> \$	\$10*	\$10*	\$25*
<b>Tier 2</b> \$\$	\$40*	\$40*	\$100*
<b>Tier 3</b> \$\$\$	\$85*	\$85*	\$212.50*
<b>Tier 4</b> \$\$\$\$	\$250*	\$250*	\$625*

\*\* Only certain Prescription Drug Products are available through mail order; please visit myuhc.com® or call Customer Care at the telephone number on the back of your ID card for more information. You will be charged a retail Copayment and/or Coinsurance for 31 days or 2 times for 60 days based on the number of days supply dispensed for any Prescription Order or Refills sent to the mail order pharmacy. To maximize your Benefit, ask your Physician to write your Prescription Order or Refill for a 90-day supply, with refills when appropriate, rather than a 30-day supply with three refills.

Your Copayment and/or Coinsurance is determined by the tier to which the Prescription Drug List (PDL) Management Committee has assigned the Prescription Drug Product. All Prescription Drug Products on the Prescription Drug List are assigned to Tier 1, Tier 2, Tier 3 or Tier 4.

If you are a member, you can find individualized information on your benefit coverage, determine tier status, check the status of claims and search for network pharmacies by logging into your account on myuhc.com® or calling the Customer Care number on your ID card. If you are not a member, you can view prescription information at [welcometouhc.com](http://welcometouhc.com) > Benefits > Pharmacy Benefits.

# Here's an example of how the plan's costs come into play.

## 1 At the start of your plan year...

You're responsible for paying 100% of your covered health services until you reach your **deductible**, which is the amount you pay before your health plan pays a portion.

YOU PAY 100%

## 2 Once you reach your deductible...

Your health plan starts to share a percentage of costs (the allowed amounts, excluding copays) for covered health care services with you—this is your **coinsurance**.\*

YOU PAY 20%\*

YOUR PLAN PAYS 80%

## 3 When you reach your out-of-pocket limit...

Your plan covers your costs (the allowed amount) at 100%. Your **out-of-pocket limit** is the most you'll pay for covered health services in a plan year—copays and coinsurance count toward this.

YOUR PLAN PAYS 100%

Along the way, you may also be required to pay a fixed amount (for example, \$15)—or **copay**—for covered health care services, such as seeing a provider or purchasing a prescription. You pay 100% of the copay, usually when you receive the service.

\* Your coinsurance may vary by service. This example is for illustrative purposes only.

## More ways to help manage your health plan and stay in the loop.



### Search the network to find doctors.

You can go to providers in and out of our network — but when you stay in network, you'll likely pay less for care. To get started:

- Go to [welcometouhc.com](https://www.welcometouhc.com) > **Benefits** > **Find a Doctor or Facility**.
- Choose **Search for a health plan**.
- Choose **Choice Plus** to view providers in the health plan's network.



### Manage your meds.

Look up your prescriptions using the Prescription Drug List (PDL). It places medications in tiers that represent what you'll pay, which may make it easier for you and your doctor to find options to help you save money.

- Go to [welcometouhc.com](https://www.welcometouhc.com) > **Benefits** > **Pharmacy Benefits**.
- Select **Essential** to view the medications that are covered under your plan.



### Access your plan online.

With [myuhc.com](https://www.myuhc.com)®, you've got a personalized health hub to help you find a doctor, manage your claims, estimate costs and more.



### Get on-the-go access.

When you're out and about, the UnitedHealthcare® app puts your health plan at your fingertips. Download to find nearby care, video chat with a doctor 24/7, access your health plan ID card and more.

Good stuff that's good to know.

I dig it!